



Passionfruit (*Passiflora edulis*)

Flavour-packed Brazilian
passionfruit juice

Valued for its **natural
sedative** effects

Free of saturated fats and
cholesterol and full of
essential nutrients
for a **healthy lifestyle**

De-stress with this great
tropical health tonic

100% **natural**

Passionfruit has long been a staple food for the people of the Amazon rainforest, and is now a popular drink worldwide. Valued for its refreshing tropical flavour, nutritional properties and natural calming and sedative effects. Great for calming even the most hyperactive child!

NU Passionfruit

Passionfruit, also known as maracujá, grows on a climbing vine indigenous to the South American tropics and rainforest, where the natives have cultivated it for centuries. Its yellow, gelatinous pulp is either eaten fresh, or made into juices, jams and jellies, and even salad dressings. Its tangy flavour makes it an ideal ingredient for tropical desserts, cocktails and dishes, as well as for making refreshing and nutritive juices.

Not only is passionfruit a rich source of potassium and vitamin A, it also contains other nutrients vital for a healthy diet, such as calcium, phosphorus, iron, niacin, vitamins B and C, food fibres and proteins. What is more, it is free of cholesterol and saturated fats and low in calories!

Passionfruit also contains pectins, important for cell growth, flavonoids, which are important for their antioxidant activities, and beta-carotene, which helps protect your skin against harmful sun rays.

Indigenous tribes throughout the Amazon have long used the fruit as a heart tonic, to calm coughs and as a sedative or calming tonic, and it is still used today in South American traditional medicine.

So relax with a cool refreshing tropical passionfruit juice direct from the Amazon!

