



Acerola (*Malpighia puniceifolia L*)

One of the **richest known natural** sources of **Vitamin C**

Excellent source of powerful **antioxidants**

Rich in protein and mineral salts - principally iron, calcium and phosphorus

Delicate flavour, with apple notes

An ideal **source of nutrients** necessary for **immune support**

A **natural** ingredient used for **detoxification**

What better way to boost your immune system than with this 100% natural cherry-like fruit from Brazil. Acerola is fast becoming the healthy and natural option for people seeking to obtain their daily supply of vitamin C as well as other vitamins and minerals necessary to keep their immune system working in peak condition.

NU Acerola

pronounced as: a-sir-rola

The bright-red fruit of the Acerola Cherry tree (*Malpighia puniceifolia L*) is one of the richest known natural sources of vitamin C. Whilst a peeled orange typically contains about 0.05% vitamin C, Acerola can contain up to 4.5%. Acerola also provides twice as much magnesium, pantothenic acid, and potassium as oranges. And it doesn't stop there! Acerola contains the synergistic bioflavonoids - rutin and hesperidin, carotenoids, and other vitamins, minerals and phytonutrients, making it an ideal natural source of nutrients necessary for immune system support. Aside from being an excellent source of powerful antioxidants, Acerola cherries are also rich in protein and mineral salts - principally iron, calcium and phosphorus.

Acerola has long been consumed in Brazil as a health tonic, and as an enjoyable and refreshing natural drink. In fact acerola juice is as common in Brazil as orange

juice is in Australia. Traditionally acerola has been consumed in Brazil as a natural remedy for fever and dysentery, as well as being used as an anti-inflammatory, astringent, diuretic, arterial stimulant for the liver and renal systems, and as a heart tonic. It is employed as a natural aid for anaemia, diabetes, high cholesterol, liver problems, fungal infections, rheumatism and tuberculosis.

NU Acerola may be new to Australasia but at NU Fruits of the Amazon, we know that it won't stay that way for long

